

How We Spent The Summer

Whether you stay in Green Valley, travel, or return to your other home, summer is the season to relax, refresh, and recover from the hectic lives we lead in EE during the winter.

Wonder what your neighbors did this summer? A few of them shared their adventures.

Tom and Melodye Cooke are known for their fondness for mice. Have you noticed what's on the back of their golf cart? So it's no surprise to find they took a Disney cruise in June with their daughter and granddaughters (pictured at right). Of course Mickey and Minnie were on board too.



Disney factored into another resident's vacation this year. Sam Simonson visited Disney World with his daughter, granddaughter and great-granddaughter, after visiting his son on Tybee Island off Savannah, Georgia.



Tudor McCook spent some lovely summer days kayaking the rivers and high Cascade Lakes in Oregon (pictured at left). Doesn't it look perfect?

Ron and Marian Mundale don't need to go far for their entertainment. Wild animals frequently stop by for an evening snack around 8:30 and river boats cruise past their house on the Mississippi enroute from Memphis to St. Paul.



Continued on page 3



Upcoming Events



Halloween Party Saturday, October 31 Sunset Ramada

Mark your calendars! Details to come...



EE Name Badges Available

Name badges for Ramada gatherings are available for \$6.00 each. If you would like to order a badge, contact Melodye Cooke: 336-8844 or melodye1@cox.net. If you've lost your magnet, replacements are available for \$1.

Small Changes Mean Big Savings

Two improvements at the pool & spa in the past year are saving the HOA money. The first change was replacing two pumps that circulate pool and spa water through the filters and heaters with variable-speed pumps that save power by running only as fast as needed (e.g., to circulate all 27,000 gallons of pool water through its filter every 12 hours as required by Pima County regulations.) When Craig Surprise presented the idea to the Board last year, he'd calculated savings of \$3/day for electricity. (With 9 months of electric bills to compare, the actual savings are closer to \$5.20/day.) The second change was improving the solar pool heating efficiency. Savings for that change will appear in next month's Periodico.

Board Meetings

October 19 • November 16 • December 21
Annual Meeting: January 18
February 15 • March 21 • April 18
May 16 • June 20

Board member list & meeting minutes
available at <http://esperanzaestates.net>

Esperanza Estates Homeowners Association
P.O. Box 181, Green Valley, AZ 85622-0181

Thank you, Jim Lindberg

Jim Lindberg has resigned from the EE Board of Directors. Jim has served as a director since 2011 and as the chair of Architectural Control. The board wishes to thank him for his dedicated service.

A replacement director will be appointed in October. In the meantime, Architectural Control questions should be directed to Ben Sheffield (625-3797).

Summer

Continued from page 1

After settling in as full time EE residents, Steve and Cheri Day took some time off for traveling. In June they did a “gallery loop” going to Santa Fe, Taos, Breckenridge, and Cheyenne, where Steve’s paintings are sold and then took a side trip to Steamboat Springs, Grand Junction, Durango and Monument Valley. They were back on the road again in August with a trip to Montana and Glacier National Park, where Steve found inspiration for a number of new paintings. Blanco got to add two more states on his “notched belt” of states he’s visited. He’s now up to 40.



Colleen Simonsen has her work cut out for her when she returns to Idaho where she maintains several gardens on their property.

Mary Ferland and Tom Buinicky had two great adventures this summer. First they walked the High Line on the former freight train tracks in NY and saw fabulous plantings and sculpture along the way (below left). Later, they traveled to Spain, fulfilling one of Mary’s long-time dreams. Here they are on Al Andalus, a high-speed luxury train (below right). What’s that newspaper they’re reading? El Periodico! The Spanish press copied our name!



Linda Hoy visited the historic A Bar A Ranch, a premier Wyoming guest ranch on the North Platte River.

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Denise Roessle tested her wrangling skills atop a long-horned steer in Luckenbach while visiting friends in Texas.

Craig and Cynthia Surprise enjoy stopping at roadside attractions on their cross-country trips to Massachusetts. On a 6,000 mile trek, this summer's low gas prices were a real treat.



Margarita Party

Hosted by the Cookes and Millers



Celebrating July 4th



Wildlife Watch: Go Bats!

By Mike Gerrard

We were sitting out on our back patio one evening, enjoying a sundowner, when out of the corners of our eyes we caught a movement from the house of our neighbors, who were out of town. It was a bat squeezing out from behind the wood paneling beneath their overhanging tiles. It flew away towards Flag Park. We'd better let the neighbors know, we said to each other. Then a moment later another bat emerged. We'd definitely better let them know! Then another, and another. I think we lost count at about 14, emerging one after the other and zipping away into the slowly darkening sky.



We noted what time it was and returned the next night for a repeat performance. It happened every night at about the same time, until the evening we had some friends round. We invited them to share the spectacle but of course that was the night when nothing happened. The bats had gone.

Apparently some bats do that, I'd discovered, in trying to find out whether our neighbors needed to be worried about their unexpected house guests. They'll roost somewhere for a while, then move on. The fact that they were emerging at dusk might have helped us narrow down what kind of bats they were, out of the 18 or so species that we get in Southern Arizona. Some fly out to feed at dawn and dusk, others fly only when it's pitch black, while some don't mind flying during the day.

We didn't exactly have chance to get a close-up view of the face, either. If we had, and it had what looks like a tiny rhino horn protruding, then it would have been one of the more common species we get around Green Valley: the Lesser Long-nosed Bat (*pictured above, photo by John Isgrigg*). Given they're only about 3" long all-told, the chance of spotting their nose in flight at dusk is pretty slim!

Another common Green Valley species is the Mexican Fruit Bat (*pictured below, photo by Kris Bean*), which actually has a longer nose than the long-nosed bat. This one passes through here and – the clue's in the name – eats fruit rather than insects.



Most bats, however, do feed on insects, which they catch in flight, either in their mouths or in their tail membrane, using it like a fishing net. They'll eat half their own body weight every night, which amounts to tons of insects every year – so we should be thankful to have them around. One reason they eat so much is to build up their body weight for the winter months. They'll also drink on the wing, like swallows do, scooping up water as they fly low over a pond.

After they've wine and dined, they return to their roost and will spend up to 30 minutes clean-

Continued on next page

ing themselves. Despite what you might think, bats are actually cleaner than us humans, though of course they can make a mess underneath the roost. How do they do that? How do they poop so much when they hang upside down? The answer is that they don't. They poop when they're flying, and if they need to go when they're roosting they turn themselves the right way up temporarily.

As bats feed mainly on insects – though we know in EE they have a fondness for hummingbird feeders too – what happens in the winter when there aren't any insects around? Some species hibernate, while others migrate, anything up to 1,000 miles. From Arizona they'll fly deep into Mexico in search of sun and bugs, and return again in the spring and not even the Border Patrol can stop them.

Bats may breed in the fall, again while hibernating (well, you've got to pass the long winter months somehow), and again in the spring, but if the female gets pregnant in the fall or winter, the embryo will go into a dormant state and only start growing again in the spring. Most births happen in June and July, and the youngster will cling to mum while she goes out hunting for food, but in less than a month will be hunting by itself.

And finally, there's one thing that's definitely in the bat's favor, as far as I'm concerned. They help to pollinate the blue agave from which we get our tequila. I'll drink to that!

Keep Your Passwords Safe With 5 Simple Rules

Passwords protect your privacy. They prevent criminals from draining your bank account and running up charges on your credit card. They ensure that emails from your account are actually sent by you, and that posts on your Facebook page are authentic.

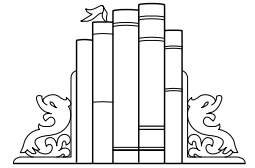
But passwords can be cracked and if this happens, your private life becomes public. Creating solid passwords and keeping them safe isn't easy, but it can be done. The anti-virus program developer ZoneAlarm offers these five simple password rules:

1. *Keep your passwords private...* and WRITE THEM DOWN in a little "Address Book." Never share your passwords, not even with your closest friends. Even if the people you trust don't deliberately misuse your passwords, they might write them some place that's not safe, or accidentally reveal them.
2. *Use different passwords, everywhere.* Just like you don't use a single key to open your car, house and safety deposit box, you shouldn't use the same password for different accounts. Because if your email password gets cracked, and you've used the same password for your bank account and credit card, then you'll have a very big problem on your hands.
3. *The longer the better.* Long passwords are better than short ones. Passwords that contain a variety of lower case letters, upper case letters, symbols and numbers are best. Passphrases (passwords based on a unique phrase known only to you) are ideal.
4. *Be unique.* The world's most popular passwords include qwerty, 12345678 and the word Password. Avoid these passwords, and others like them, at all costs. Passwords based on keyboard patterns, numerical sequences, or dictionary words are weak and easy to crack.
5. *Don't enter passwords on public computers.* Public computers may be infected with malware that copies passwords or logs keystrokes. If you're in public, surf the internet using your own device and use an app that safeguards you on public WiFi.

For more rules to keep your passwords safe, read the ZoneAlarm blog: <http://www.zonealarm.com/blog/2015/05/14-simple-steps-for-writing-rock-solid-passwords/>

Book Corner:

EE's Summer Reading Recommendations



By Cindy Krantz

Thank you to all residents who contributed their recommendations—we are a well-read group!

Fiction:

All the Light We Cannot See	Anthony Doerr
Fall of Giants	Ken Follett
The Great Taos Bank Robbery	Tony Hillerman
The Nightingale	Kristen Hannah
This House of Sky	Ivan Doig
Take Me With You	Catherine Ryan Hyde
The Boston Girl	Anita Diamant
The Last Breath	Kimberly Belle
The Language of Flowers	Vanessa Diffenbaugh
The Mountaintop School for Dogs	Ellen Cooney
Bittersweet	Colleen McCullough
Ghost Ship	Clive Cussler
The Girl on the Train	Paula Hawkins
The Shore	Sara Taylor
The Art of Racing in the Rain	Garth Stein
The Life We Bury	Allen Eskens
Go Set a Watchman	Harper Lee
The President's Shadow	Brad Meltzer
House Rules	Jodi Picoult
The Tie That Binds	Kent Haruf
Hotel Splendide	Ludwig Bemelman
Home	Marilynne Robinson
Jewel	Brett Lott
A Spool of Blue Thread	Anne Tyler
Emma	Alexander McCall Smith
The Zoo	James Patterson
Dark Places	Gillian Flynn
The Orchid House	Joy Avrel
The Lifeboat	Charlotte Rogan
Etta, Otto, Russell and James	Emma Hooper

Several residents have enjoyed reading multiple titles by these fiction authors:
Michael Connelly, James Burke, C. J. Box.

Continued on next page

Non-Fiction:

133.10978	American Ghost	Hannah Nordhaus
155.24	David and Goliath: Underdogs, Misfits, and The Art of Battling Giants	Malcolm Gladwell
158.2	How to Win Friends and Influence People	Dale Carnegie
200	The Gospel of John (Bible/NT)	
303.483	A Deadly Warning	Matt Richtel
306.874	Selfish, Shallow and Self-Absorbed	Meghan Doerr, ed.
355.0092	Killing Patton	Bill O'Reilly
516.84	The Sixth Extinction	Elizabeth Kolbert
597.33097	The Devil's Tooth	Susan Casey
648.K8364	The Life-Changing Magic of Tidying Up	Marie Kondou
797.12309	The Boys in the Boat	Daniel James Brown
818.603	Without You, There is no Me	Suki Kim
940.53082	A Train in Winter	Caroline Moorehead
943.08609	Hitler's Spy Chief	Richard Bassett
973.7092	Killing Lincoln	Bill O'Reilly
973.92209	Killing Kennedy	Bill O'Reilly
974.7102	The Island at the Center of the World	Russell Shorto

Memoirs:

Life and Death in Shanghai	Ni Cheng
Will You Love Me?	Cathy Glass
Jailhouse Doc	William Wright
Traveling with Che Guevara	Alberto Granado

Welcome New Owners

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1100 Circulo del Norte

John and Susan Batdorff
161 Circulo Napa

Thomas and Balarie (Nickie) Chapman
684 Placita Nueva

Mark and Vicki Prouhet
131 Circulo Napa



In Memoriam

Susan Shafer
603 Placita Nueva
June 17, 2015

Charlotte B. Petry
Formerly of
1106 W. Circulo Del Norte
August 1, 2015

Allan Niemi
164 Circulo Napa
September 18, 2015

Mini Day Trips

By Cynthia Surprise

Looking for somewhere close to home to spend an hour or two? Here are two possible escapes from boredom.

"A" Mountain

It's hard to miss the giant A on a prominent ridge in the Tucson Mountains on the west side of Tucson. Have you ever wondered what's there and how the "A" came to be?

Sentinel Peak (commonly known as "A" Mountain) gets its name from its function as a lookout point for the Spanish at the nearby Presidio de Tucson.

In 1915, the University of Arizona's football team had a big win over Pomona College. This so inspired civil engineering student Alfred Condron that he decided to honor the event by whitewashing the "A" onto Sentinel Peak. Private citizens and local businesses donated the funds to purchase the mortar and whitewash, and 75 to 100 students worked every Saturday from November 1915 to January 1916 to construct the "A" using rocks gathered from the slopes. (Sounds like an EE volunteers' activity.) The marker was officially dedicated in March 1916.

Historically the "A" was maintained by the U of A's Sophos and Spurs Honorary Society. Today, it is maintained by the City Parks and Recreation Department.

The "A" was traditionally painted white, but after September 11, 2001, it was painted red, white, and blue as a show of patriotism. In 2013, the "A" was repainted white, as it is today. Occasionally, it has been painted green on St. Patrick's Day.

You can easily drive up to Sentinel Peak. While viewing a pile of white rocks may not be on your bucket list, the drive to the "A" will reward you with an expansive view of Tucson.

To get there, take exit 258 on I-10 and head west on Broadway. Stay on the road until just before it veers sharply to the right. Make a left onto South Cuesta Ave. The road then becomes South Sentinel Peak Road. There is a parking area at the top. You can do a fairly easy walk to the "A" or just walk around for the view. A short trail is wheelchair accessible.



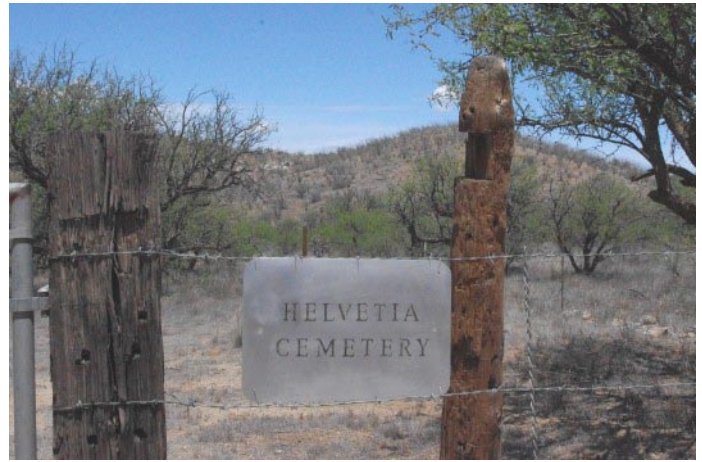
Helvetia

I notice it every time I drive down Esperanza Boulevard. That white scar on the Santa Rita Mountains has been a curiosity to me ever since I moved to Green Valley. So, I finally decided to go up there and find out what it was. (Yes, I could have looked on Google Earth, but what fun would that have been.)

Continued on next page

What I found was the ghost town of Helvetia, although there isn't much left to see. A couple of foundations, ruins of a smelter, a cemetery, some slag heaps and shafts from the mines are all that are left from the town that once had 300 inhabitants. There are also several new homes still in use, including the Helvetia Ranch.

The cemetery is worth a short visit. It is an Arizona historic pioneers' cemetery, and the simple gravesites reflect the hardscrabble lives of Helvetia's indigent miners.



The area may look familiar to fans of western movies. *Hombre*, starring Paul Newman, was filmed in and around Helvetia. You can still see the area on the mountain where the standoff took place in the movie.

So, what's the white about? It's an outcropping of calcium carbonate, and Imerys Marble Inc. operates a quarry there. The quarry is the largest producer of screen grades of calcium carbonate products in Arizona. The material from this quarry is used for calcium animal feed additive, dry-wall plaster, fire retardant, paint, decorative stone, and roofing material.

The easiest way to reach Helvetia is to go east on Sahuarita Road and then turn south on Santa Rita Road. For part of the trip you'll be on a dirt road, but it's easily passable in almost any vehicle. While the last part of the road to the town ruins is a little more difficult to negotiate, the road to the mine and the cemetery were very easy.

You can also reach Helvetia by taking Continental to White House Canyon Road and then following S. Helvetia Road. It's much more scenic than the other route. Although Helvetia is only 17 miles away from Green Valley, you should allow about 50 minutes to travel the dirt road. I'd also suggest a GPS if you use this route.



Around Esperanza



Lois Blacker (right) and Pat Sharpe took LaVonne Corral (left) out for dinner at the Arizona Family Restaurant before she moved back to Iowa.



Kris Bean captured these photos of beautiful cactus flowers and a roadrunner.



A summer sunrise photographed by Cheri Day



EE shadows (Cheri Day)



Denise Roessle doesn't "do" sunrises, so here's one of a sunset (above) and late afternoon clouds (right).



Continued on next page

On July 4th, Mary Beth Wallace unveiled the flag that flew over the U.S. Capitol in 1971, which was given to her mother by the senator from Iowa.



Ben Sheffield installs the new EE trail signs.



Monsoon skies (Cheri Day)



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Is there a friend or loved one you would like to honor or commemorate with an inscribed brick at the EE Ramada? Bricks are available for \$50 (including installation) by calling Tom Cooke, 399-0455.

Pet plaques (on the post at the southwest corner of the ramada) are also available from Geri Lindberg for \$25.

Show your pride in EE

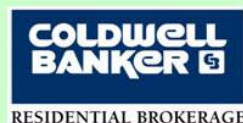
The EE Gardeners are selling these license plates for \$10.00 each. A great way to show your pride in EE wherever you go. To order a plate, contact Cynthia Surprise at 857-209-1978 or cjsurprise@verizon.net.



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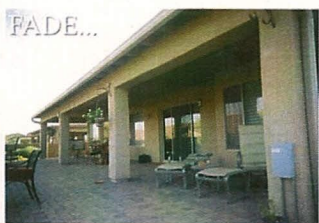
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If you do not have a computer and would like to receive a printed copy of the Periodico, contact Denise at 399-3312.

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For additional information, contact:

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